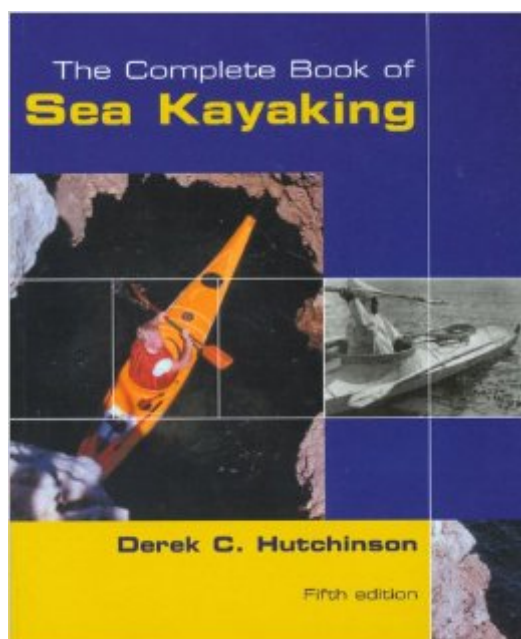


The book was found

The Complete Book Of Sea Kayaking, 5th (How To Paddle Series)



Synopsis

Discover the excitement and adventure of paddling on the open sea. This thoroughly revised fifth edition of the bestselling Complete Book of Sea Kayaking is a comprehensive guide for the beginner and an invaluable reference source for the seasoned veteran. From basic strokes and techniques to advanced rescue maneuvers, kayak history to boat design, this is the fundamental book for all sea kayakers. With this book in hand readers will learn about choosing a kayak and paddle, launching, how to outfit themselves, advice on kayak strokes, maneuvers, navigation, equipment, and the newest technology. This new edition contains additional material on the history and origins of the kayak as well as new information on navigation. The chapters on strokes and techniques have been expanded considerably and now present information in a master-class format that caters to novice paddlers.

Book Information

Series: How to Paddle Series

Paperback: 240 pages

Publisher: Falcon; 5th edition (January 1, 2004)

Language: English

ISBN-10: 0762728256

ASIN: B005DID8H6

Product Dimensions: 9.3 x 7.5 x 0.7 inches

Shipping Weight: 1.7 pounds

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My favourite book on sea kayaking by one of the pioneers in the field. Derek Hutchinson has strong views about most things, which is why his book is so interesting to read. For rolling I recommend his book on Eskimo rolling (3rd ed.)

Excellent book on kayaking. A must have book for anyone who is seriously interested in kayaking. Written by one of the best authors.

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